

## CLAIMS

1. An eye training equipment including two or more irritation generators provided around user's eyes to allow the user to perceive the irritating positions, wherein:

the irritation generators are activated one by one to have the user turn his line of vision toward an irritating position, so that the user can train his eye muscles without actually viewing any target object with the eyes being opened.

2. The equipment according to claim 1, wherein the irritation generator is a pressure generator.

3. The equipment according to claim 1, wherein the irritation generator is a vibration generator.

4. The equipment according to claim 1, wherein the irritation generator is a heater.

5. The equipment according to claim 1, wherein the irritation generator is a weak-current generator.